

Make sure your collection of logbook entries covers all 5 of the main professional competency areas

Practitioner Logbook examples

Use a clear title that concisely describes the activity

Estimate how long you have spent on the activity between the dates you specify

Activity Record No.	1
Activity Name.	Health surveillance for construction workers
Dates from:	01/04/2022
Dates to:	01/04/2023
Number of days working	40

Area (s) of professional Competence covered (reference numbers in the checklist e.g., 2.0)

Data Collection and Analysis: 2.3a
Physical capabilities and limitations: 2.3b, 2.3c

Focus on the main competencies. Don't try and cover too many in one log book entry. Concentrate on your strengths.

(Specify exact days)

Summary of activity

This activity was required to review the process of health surveillance which includes:

- A suitable risk assessment of any job role, activity or task which should identify whether there could be a significant risk of harm to the worker, or others, in the event of incapacity of the worker undertaking those activities.
- Quality assurance for the delivery of the service to offer health advice on workers under 'safety critical' tasks.
- Assessment of health

Explanation required

Explanation required

Assessment required

Details of personal involvement

Assessment and explanation required

- Review of Health surveillance questionnaire
- Undertake biometric assessments recording results and acting on measurement in line with clinical provider
- Conducting the health surveillance health assessment in accordance with best practice.
- Notifying the employee and relevant manager/HR/ H&S of the outcome of the assessment
- Determining the frequency of medical/health assessment (periodic medical) review

Explanation required

Details of Occupational Health and wellbeing

Detail clinical and mental health assessment prior to Health Surveillance monitoring

Explanation required

- List all types of health surveillance
- List 3 health surveillance procedures

Details of personal and professional/technical skills involved

Explanation and assessment required

- Adheres standards and policies, recognises limitations to own competence.
- knowledge of and interprets health and safety legislation relating to health protection and surveillance.
- Gathers and records working history; workplace exposures; and re-call for health surveillance requirements.

Explanation required

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Outputs of the activity	
<p>Fit/Not fit following health surveillance</p> <ul style="list-style-type: none"> Recommend reasonable adjustments/level of risk/reasonable adjustments Fitness certificate detailing outcome 	Explanation required
An indication of your degree of responsibility, level of authority and description of your role in the project, role, or activity	
<ul style="list-style-type: none"> Co-ordination of individuals due to have health surveillance, carrying out all assessments, interpretation of results within normal range (escalating if out of range), signed documentation (certificates) to employer and recall for next review date dependent of results. Apply specialist knowledge and skills to identify emerging health issues, and signpost to available support for fitness for work. 	Explanation required
Reflection on the successful and less successful features of each project or activity	
<p>Identify two cases (as below) with learning outcomes</p> <ul style="list-style-type: none"> Successful Unsuccessful 	The two cases should be comprehensive and detail what you have learned from the cases
Comments on how this activity has benefitted your professional development	
<p>Identify how this has been used, to develop in your current role/career aspirations and personal development</p> <p>I.e., use of evidenced and implementation of competencies</p>	It is important to reflect on what you have learnt from the activity. You will be able to reflect on your CPD
How is this relevant to the NMC Code?	
<p>Please list all relevant NMC Codes of Conduct</p> <p><i>Each case will have relevant NMC codes of conduct relevant to case.</i></p>	
Supporting evidence (include filename)	
<p><i>Please attach 20 cases to include clinical notes and certificates (anonymised). Detailing at least five different types of health surveillance.</i></p> <p><i>Cases will be complex and may require referral to third parties for further intervention. Each case will include examples of questions – 2.3a – 2.3c where applicable</i></p>	

Make sure that it is easy for the assessor to find all evidence within your work.

Choose the best evidence you have to support the competencies you are claiming in the logbook entry.